



## University Heights United Methodist Children's Center

---

Dear Parent:

Providing your infant with a safe environment in which to grow and learn is of extreme importance to us. To that end, our child care facility has implemented policies and procedures to create a safe sleep environment for your infant.

We follow the recommendations of the American Academy of Pediatrics (AAP) and the Consumer Safety Commission for safe sleep environments to reduce the risk of sudden infant death syndrome (SIDS). SIDS is "the sudden death of an infant under one year of age, which remains unexplained after a thorough case investigation, including performance of a complete autopsy, examination of the death scene, and review of the clinical history."

Our written policy is as follows:

- All infants less than 12 months will be placed on their backs in safety-approved crib.
- Infants will not sleep on water beds, sofas, soft mattresses or other soft surfaces.
- Soft materials such as pillows, quilts, comforters, blankets, sheepskins, stuffed toys and loose bedding will not be placed in infants' sleep environments.
- Infants will not share a crib with other children.
- Infants will remain lightly clothed and comfortable while sleeping.
- Supervised "tummy time" will be observed while infant is awake.
- No smoking will be allowed in infants' environment.
- All staff will receive training on safe sleep practices before caring for infants.
- The infant's head shall have no covering during sleep.

References:

National SIDS & Infant Death Program Support Center, SIDS Alliance, Caring for our Children and National Health and Safety Performance Standards.

This policy applies to all staff and families.

Again, safety of your infant is paramount to us. By signing below, you, as the parent, understand and comply with the policies of the child care facility which your child will be attending.

\_\_\_\_\_  
Signature of Parent

\_\_\_\_\_  
Date

4002 Otterbein Avenue  
Indianapolis, IN 46227

(317) 787-5865

Fax: (317) 787-7696